

Candida Quiz

Is Candida a part of your health issues? Take the quiz to see if testing is needed or to spark your health journey. If you have 5 or more of these issues, you're in the right place. CLEAR MOLD can help!

Start [here](#), and if you have questions, contact our Helpdesk or email us at clearmoldinfo@gmail.com

Do you experience the following:

1. Taken antibiotics, for an extended period of time
2. Visible thrush in any area of your body
3. Taken birth control pills for more than 2 years
4. Taken oral steroids as in prednisone or cortisone
5. Bothered by fragrance, chemicals, tobacco smoke, insecticides, petroleum or EMF
6. Are you bothered worse on damp, muggy days or in moldy places
7. Had athlete's foot, ringworm, "jock itch" or other chronic fungus infections of the skin or nails
8. Crave sugar, sweets, breads, pasta
9. Crave alcoholic beverages especially beer and wine
10. Fatigue or lethargy
11. Poor memory/feeling "spacey"/brain fog or even seizures
12. Experienced depression or anxiety
13. Numbness, burning or tingling in extremities
14. Muscle aches, muscle weakness or paralysis
15. Pain and/or swelling in joints
16. Incoordination-stumbling, falling
17. Skin/nail infections or changes/ Rosacea
18. Headaches
19. Pressure above ears . . . feeling of head swelling & tingling
20. Constant Itching anywhere on body, especially vaginally
21. Belching and intestinal gas, bloating, heartburn, abdominal pain
22. Mucus in stool or other areas
23. Rash or blisters in mouth or throat narrowing
24. Chronic constipation or diarrhea/hemorrhoids
25. Prostatitis
26. Hormone imbalance
27. Cramps, and/or other menstrual irregularities, PMS tension
28. Vision changes/burning or tearing of the eyes
29. Irritability or jitteriness
30. Allergies/Constant nasal/sinus issues
31. Sore or dry throat or mouth/chronic cough
32. Asthma/Wheezing or shortness of breath
33. Urgency or frequency of urination
34. Recurrent ear infections
35. Ear pain or deafness or fluid in ears

This is not a complete list. This list is compiled from our community.